

A-Z Activities Challenge 2021 List

Key:

Active	Skill Up
Creative	Investigate
	Charity

	Notes	Links
A		
A-Z of Artists	Create an interesting list of artist' names - starting with Aivazovsky	
Acro-yoga	You'll need a lockdown buddy, sibling or parent to join you with this fun combination of acrobatics and yoga - how many poses can you nail?	https://www.youtube.com/watch?v=lkcg3w7gsms
Acting	Find a script for your favourite play or film or one you've never heard of before and practice performing the lines.	http://www.playscriptsforkids.net/browse-play-scripts-for-kids/free-scripts/
Aerobics	Burn some energy and stay fit by following along to an aerobics class or create a routine for your family to join in with.	
Aerodynamics	Find out what aerodynamics are and create a poster or presentation about your findings. Try to explain your findings to someone else in your household.	
Aeronautics	Find out what aeronautics means and create a poster or presentation about your findings. Try to explain what you have found out to someone else in your household.	

Agriculture	Find out about an agricultural area and create a poster or presentation about your findings. Try to explain your research to someone else in your household. How is the pandemic influencing agriculture?	
Aiming	Set up a bar and throw a tennis ball or kick a football at it - how many can you hit on target in a row? How many do you hit on target out of 100 tries?	
Aircraft recognition	Learn how to recognise aircraft from the ground and have a go at putting your knowledge into practice if any planes fly past your home.	
Airfix models	Step into the world of modelling with Airfix! From aircraft to tanks, from cars to military personnel, build, paint and display your own models.	https://www.airfix.com/uk-en/shop/aircraft.html
Amateur radio	Whether you enjoy writing software, getting hands-on with practical equipment, developing new technology or just want to use what's already there to communicate with others across the world, explore the world of amateur radio.	https://www.youtube.com/watch?v=8x6x_6mDVIQ
Anatomy	Do you know that a human adult has 206 bones? Do you know how many organs we have? Or the number that your pet has? Find out about the structure of the human body - draw a diagram and label the different parts.	
Animal facts	Create a poster, presentation or list of 10 interesting facts about your favourite animals.	
Animation	Have a go at making a short animation - you could make up a story or animate your lockdown journey so far to remind yourself in years to come what it was like.	https://www.animaker.com/2d-animation-software

Anthropology	Find out about anthropology and why it is an important area of study. Create a poster or presentation about your findings. Try to explain what you have learnt to someone else in your household.	
Archaeology	Find out about archeology and why it is an important area of study. Are there any important archeological sites near you? Create a poster or presentation about your findings.	https://www.theguardian.com/science/2009/aug/28/archaeology-beginners-guide
Astronautics	Find out what astronautics is all about and create a poster or presentation. Try to explain your findings to someone else in your household.	
Astronomy	Did you know you can see a galaxy 2½ million light-years away with your unaided eye? Spend an evening looking at the stars and finding out what is above you.	https://skyandtelescope.org/astronomy-resources/stargazing-basics/how-to-start-right-in-astronomy/
B		
Badminton	Grab a racket, play a match or see how long you can keep up a rally with your lockdown buddies. You can play over the washing line if you don't have a net or against yourself if you're on your own!	
Baking	Become very popular in your household and bake up a treat for your family - ask an adult to help you with the oven part. <i>Keep safe!</i>	https://www.bbcgoodfood.com/recipes/collection/kids-baking
Baseball	Take a swing and try a new sport	
Basket making	Try making baskets from paper, string, willow, reed or cane.	https://thecraftyclassroom.com/crafts/native-american-crafts-for-kids/tlingit-crafts-for-kids/basket-weaving-for-kids/
Basketball	How many hoops can you score from 3m from the basket? Can you beat your own score?	https://www.activekids.com/basketball/articles/11-fun-basketball-games-for-kids-besides-h-o-r-s-e/slide-3
Batik	Turn your hand to dyeing and waxing cloth or 'batiking'! <i>Keep safe!</i>	https://www.tts-group.co.uk/blog/2017/07/01/art-how-to-batik.html

Beatboxing	Don't have an instrument? Use your own body as percussion and spit some bars!	https://www.youtube.com/watch?v=EAHExoZlgiM
Beekeeping	Bees are vital to a healthy environment and healthy economy - but why are they so important and how can we care for them? <i>Keep safe!</i>	
Bike maintenance	Do you know how to take care of your bike? Give your bike an MOT and learn how to maintain it in working order.	https://members.scouts.org.uk/supportresources/4358/cyclist-activity-badge/?cat=7,64,779&moduleID=10
Biology	Explore your favourite topic about the living world - create a fact file of 10 amazing facts!	
Bird watching	Connect with nature and explore the flighty world of our feathered friends.	https://www.rspb.org.uk/fun-and-learning/for-kids/games-and-activities/
Board/table games	Play a board game with your family or create a new one from scratch, then test it out on your lockdown buddies.	https://www.instructables.com/id/Build-your-Own-Board-Game/
Botany	Discover the world of plants and see what you can find in your own garden or surrounding area!	https://www.youtube.com/watch?v=8-G7D_sy7qE
Braiding	Bracelets, hair, threads - have a go at creating different patterns and designs with braids.	https://www.youtube.com/watch?v=UYQnqb-20NA
Bridge building	What makes bridges so strong? Design and construct different types of bridges using materials in your own home - spaghetti, cocktail sticks, knex, newspapers - what can you create?	
Building catapults & trebuchets	What can you use to engineer some traditional weaponry from home? <i>Keep safe!</i>	https://littlebinsforlittlehands.com/popsicle-stick-catapult-kids-stem-activity/
Business plan	Are you a budding entrepreneur? Get your thinking cap on - what's something that you care about that could turn into a business idea?	https://bizkids.com/wp/wp-content/uploads/Kids-Business-Plan.pdf
C		

Collections	collect from neighbours for a local food bank. You can put leaflets through their doors with details of collection times and items required. Check what your local food bank needs	https://www.givefood.org.uk/needs/
Cake decoration	Make a cake as pretty as a picture with different coloured icing.	
Camping	Have a campout in your garden with a tent, sleeping bag and even a camp fire! <i>Keep safe!</i>	
Candle-making		
Card games	Learn some card games - can you learn a different one from every continent?	https://www.coololdgames.com/card-games/world/
Card making	Celebrate someone special - make them a card and send it to them in the post. You can use recycled packaging to create colourful designs. Design and make a fabulous card for a keyworker	
Cheerleading	Create a cheer routine - you could perform it on your doorstep to celebrate the NHS at 8 pm on a Thursday!	
Cheer up!	Create something special to cheer someone up – this could be by baking a yummy treat or drawing a picture	
Chemistry	What is the universe made of? Pick your favourite topic in chemistry and explore what makes up 'stuff'.	
Chess	Train your brain and learn a great new skill - who can you take on in this tactical game?	
Circus skills	Have fun clowning around and learn some fun skills to impress your friends!	https://www.youtube.com/watch?v=MRXb3natCGg
Clay modelling	Create something special with air dry clay - you could even try and make some yourself! <i>Keep safe!</i>	https://www.clay-it-now.com/modelingclayrecipes.html

Collage	Make a collage of your favourite thing - a sport, a hobby or person. You can use old newspapers, magazines or leaflets.	
Collections, studies & surveys	What could you collect, study or survey from home? The options are endless!	
Colouring	Spend a quiet hour colouring in - it can be great to clear your mind.	
Composing	Compose your own piece of music - Mozart was just 8 years old when he composed his first symphony!	
Concert for your family	Put your music practice into action and create a show for your lockdown buddies. You could great a programme of pieces and even broadcast it to friends further afield on Zoom.	
Conservation	What is conservation and why does it matter? What can you do to help and promote conservation efforts in your community?	
Cookery	Cook up a storm in the kitchen and serve it to your family.	
Countries & Capitals	Do you know how many countires there are in the world? Could you name 50 of them? Create a list of all the countries and capitals of the world and learn them - get your family to test you!	https://www.countries-ofthe-world.com/all-countries.html
Countryside Code	How can you care for your environment? Do you know all the points of the countryside code and put them into action when you explore the outdoors?	https://www.gov.uk/government/publications/the-countryside-code
Creative Writing	Pick a topic and write freely - be as desriptive and creative as possible.	https://home.oxfordowl.co.uk/kids-activities/creative-writing/
Cricket	Practice your bowling, batting a fielding ready for when you can join your team back at school.	

Criminology	Why are there criminals? Explore the world of criminology - can you name 5 famous criminals and their crimes?	
Crocheting	Create some wooly wears with this loopy technique!	https://www.youtube.com/watch?v=GcOzdAzmtNM
Croquet	Anyone for croquet? Spend an afternoon knocking balls around the lawn.	https://www.youtube.com/watch?v=l-YtPYZ_534
Cross country running	Use your allocated exercise slot to go on a long run round the countryside - how far can you get? <i>Keep safe!</i>	
Cross stitch	Create some pretty patterns and work some snazzy stitches.	https://www.youtube.com/watch?v=eO5s06kiijo
Cycle maintenance	Do you know how to take care of your bike? Give your bike an MOT and learn how to maintain it in working order.	https://members.scouts.org.uk/supportresources/4358/cyclist-activity-badge/?cat=7,64,779&moduleID=10
Cycling	Explore your local area on bike! <i>Keep safe!</i>	
D		
Donate	Donate your time – help someone with a task	
DKMS	this was the blood cancer charity chosen by the school for Charities Week last year. Sadly Charities Week was cancelled. Perhaps you have an idea for raising money for them?	https://www.dkms.org.uk/en
Dance	Bust some moves! What's your favourite style?	
Debating	Vent your frustration with your lockdown buddies through debate - learn the formal process and debate the thorny issues of today - what time should you go to bed?	https://www.bbc.co.uk/bitesize/guides/zthc9j6/revision/1
Den building	Build a den in your bedroom or garden with whatever materials you can find!	
DIY	What DIY projects can you come up with? Ask first!	https://diyjoy.com/cool-diy-projects-for-teenagers/
Dog training & handling	Teach your furry friend some new tricks.	

Dominoes	What tricks can you design with some trusty dominoes?	
Drawing	A simple fineliner sketch or a detailed, pencil design - turn your hand to some drawings in whichever style you choose.	
Dressmaking	Learn a life-long skill - how to make clothes that you'll love and cherish!	https://www.thesewingdirectory.co.uk/beginners-guide-to-making-clothes/
Drumming	Make music at home and learn the fundamentals of drumming.	
Dungeons and Dragons	Escape reality with this fantastical tabletop role-playing game.	https://www.youtube.com/watch?v=wHBM9ARGdD8
E		
Ecology	What is ecology and why does it matter?	https://www.scholastic.com/teachers/blog-posts/meghan-everette/ecology-and-choice-16-student-projects-earth-day/
Egg decorating	Whilst Easter is over for this year, what creations can you make out of an egg?	https://www.goodhousekeeping.com/holidays/easter-ideas/g419/easter-egg-decorating-ideas/
Electronics	Get into the nitty-gritty of how electrical appliances work.	https://www.brightminds.co.uk/collections/electronic-kits
Embroidery	Create some pretty patterns and work some snazzy stitches.	https://www.youtube.com/watch?v=4tboUqTV41U
Engineering	What is engineering? What can you engineer from your own home? <i>Keep safe!</i>	https://bigdiyideas.com/35-fun-diy-engineering-projects-kids/
Entomology	Have you got the bug for bugs? What can you find in your own garden?	https://www.amentsoc.org/bug-club/fun/experiments.html
Event planning	We're all going to want to celebrate when lockdown is over - plan an event for when we're allowed to socialise again or create a fun event for your lockdown buddies for the weekend! You could even include other friends on Zoom.	
F		
Fabric printing	Get crafty with cloth!	

Family chef	Cook up a storm in the kitchen and serve it to your family. <i>Keep safe!</i>	
Family tree exploration	How far back do you know your family? Get your family to help you research your roots and present it in a clear way.	
Fashion design	Learn a life-long skill - how to make clothes that you'll love and cherish!	
Fencing	Figure out how to fence or practice your skills. <i>Keep safe!</i>	https://www.youtube.com/watch?v=a8ldfA5fXJs
Film & video making	Choose a topic and document it through film. Direct, film and edit a short production.	
Find out about farming	Find out about an agricultural area and create a poster or presentation about your findings. Try to explain your research to someone else in your household. How is the pandemic influencing agriculture?	
First Aid	Learn the fundamentals of first aid	St John/St Andrew/BRCs
Flip book design	Create a flip book story!	https://youtu.be/Un-BdBSOGKY
Flowers	How can you best represent the stunning spring and summer flowers in our surroundings -take a photograph, drawing, collage or capture the beauty in any way other way.	
Football	A simple kick about to burn off some steam!	
Forest School	All trees have clues and features that can help with identification. You just need to know what to look out for. This quick guide to tree identification will give you a few basic hints and tips. We would love to have some photos of you with your favourite tree which	https://www.woodlandtrust.org.uk/media/48345/leaf-id-sheet.pdf https://www.woodlandtrust.org.uk/trees-woods-and-wildlife/british-trees/tree-id-app/ https://www.woodlandtrust.org.uk/trees-woods-and-wildlife/british-trees/how-to-identify-trees/
Forestry	Find out about the fabulous forests!	http://eschooltoday.com/forests/forest-preservation-tips-for-kids.html

Frisbee	Lob a frisbee back and forth - can you catch it every time?	
Fundraising	Pick a charity which is important to you and complete a fundraising activity for them. Check their websites for suggestions.	
G		
Gardening	Create a beautiful space just outside your own home and learn about seasonal gardening.	
Genealogy	How far back do you know your family? Get your family to help you research your roots and present it in a clear way.	
Geocaching	There are millions of geocaches hidden all around the world - are any of them near you? Use your chance to get outdoors to explore (if appropriate where you live)! <i>Keep safe!</i>	https://www.geocaching.com/play
Go Noodle	Get moving and Go Noodle! <i>Keep safe!</i>	https://www.gonoodle.com/
Go-kart making	What can you find in your home to make a go-kart? How far or fast can you go? <i>Keep safe!</i>	
Grass sledging	No snow? No problem! Feel the adrenaline and wizz down grassy slopes! <i>Keep safe!</i>	
Gratitude journaling	Even at a time like this, there's a lot to be grateful for - write down things you're thankful for. Present them in an interesting way.	
Gymnastics	Practice your flips, tumbles and bends and get flexy! <i>Keep safe!</i>	
H		
Hair & beauty salon	Make an at-home beauty salon for a cosy evening in - style someone's hair or make a homemade face mask.	
Haka learning	Learn the ceremonial dance of the Maori culture in preparation for the upcoming rugby season!	https://www.youtube.com/watch?v=p5cHEID5cf8
Hanger craft	What creations can you make with the humble coat hanger?	

Happy Newspaper	Find some good-news stories and create your own Happy Newspaper!	https://www.dropbox.com/s/txqw8aahpwk66pi/Free%20(temp)%20The%20Happy%20News%20pack.pdf?dl=0
Highway code learning	Do you know the Highway code? Get ahead and learn how to stay safe on the roads.	https://www.gov.uk/guidance/the-highway-code
HIIT	Burn some energy with a High Intensity Interval Training session! <i>Keep safe!</i>	
Historical period re-enacting	Explore your favourite time period or historical event and delve into their world with costumes and acting!	
History of art	Learn the history of your favourite art pieces.	
Hockey	Get ready for the hockey season and practice your skills!	
Hoola Hooping	Learn some tricks with a simple hoola hoop!	
Horticulture	Create a beautiful space just outside your own home and learn about seasonal gardening.	
House investigation	Make an investigation of your own home - what materials is it made of, how does it function?	
I		
Illustration	Illustrate your favourite story, film or play or a scene from lockdown.	
Instrument playing	Practice an instrument or pick up a new one! There are some great tutorials online or you can even do lessons on Zoom.	
International Cookery	Cook a dish from every contient or ask you international friends what their favourite meals are.	

Interview the interesting	Interview your grandparents or someone elderly in the community, someone with a job or interest that you find fascinating. Schedule it, ring them up and write up your findings.	
J		
Jewellery making	What accessories can you make using materials in your own home - you could even send your beautiful creations to your friends in the post.	
Jigsaw puzzle	Figure out the bigger picture and get lost in a puzzle - now where's that missing piece?	
Joe Wicks workouts	Join the nation in a PE lesson with a difference, from your own living room or garden!	https://www.youtube.com/user/thebodycoach1
Journalism	Create your own newspaper or magazine article - it could be about something happening at home, in your neighbourhood or the wider community.	
Journaling	This is an incredibly unique time that we're going through - diarise your thoughts and feelings as a record of this time. It's also very therapeutic!	
Juggling	Try your hand at juggling - can you juggle 2, 3 or even 4 objects at a time? Check out Mr Marie juggling with socks!	https://www.youtube.com/user/OfficialChesterZoo/playlists
K		
Karate	Improve your stamina, strength, speed and flexibility whilst learning a new skill.	https://www.youtube.com/watch?v=u2bPmcN-vSQ
Keeping pets	Take full responsibility for your family pet for a week - that includes exercising, feeding, washing and cleaning any equipment.	
Kite construction & flying	Create something unique to fly high and free!	https://www.countryfile.com/how-to/crafts/how-to-make-a-kite/
Knex	Click together some Knex and create something cool!	https://www.knex.com/fun-and-games

Knitting	What can you make with a ball of wool and two needles? Prepare for the winter early with some wooly wears! Knit a hat for a newborn baby in need.	https://knitforlife.co.uk/charities.php
Knots	Learning the basic knots is a life long skill that could help you in a tricky situation!	https://www.youtube.com/watch?v=p_R1UDsNOMk
L		
Letter writing	Write a letter to a lonely person.	
Lace making	Learn an ancient craft and create something beautiful.	https://www.laceguild.org/getting-started-how-to-make-lace
Language Learning	Learn a completely new language! There are loads of great apps to help you learn, or use your networks and do a language exchange with one of your international school friends on Zoom. Russian, Mandarin, Korean - your choice!	Duolingo, Language Exchange, Babel
Lavender bag making	Make your wardrobe the envy of the household with some fresh smelling lavender bags!	https://www.girlguiding.org.uk/what-we-do/our-badges-and-activities/activity-finder/make-a-lavender-bag/
Learning about the emergency services	The emergency services hold our communities together but how do they do it? How can you help them to do their work efficiently?	
Learning about the RNLI (Lifeboats)	Who are the RNLI and what do they do? Use the resources to find out more or create a poster or presentation to explain their role.	https://rnli.org/youth-education/education-resources/upper-primary
Lego building	What can you create with these classic building blocks?	
Lettering & calligraphy	Learn an elegant and therapeutic form of writing and create something beautiful.	https://www.youtube.com/watch?v=QdYwdX7atHE; https://www.youtube.com/watch?v=sBoVGqISzr4
Lepidopterology	Excited about the beauty of butterflies and moths? Find out more - become a lepidopterologist.	

Litter picking	Improve your local area for everyone, including the wildlife, by spending some time litter picking - remember to wear gloves and watch out for anything sharp. How many bags can you fill? <i>Keep safe!</i>	
Little Book Competition	Get creative and be inspired by the Bronte sisters...you could win a prize!	Little Book Competition - http://www.newarkbookfestival.org.uk/little-book-competition
M		
Maccano	Love the idea of old construction toys?	Love the idea of old https://www.brightontoymuseum.co.uk/index/Category:Meccano
Macramé	Use knotting to create a textile.	https://www.hobbycraft.co.uk/crafts-and-hobbies/macrame
Magazine making	Make magazines online or off line!	https://www.lucidpress.com/blog/how-to-make-a-magazine-in-twelve-steps
Magic	Make up and perform your own magic show.	
Mah Jongg	A Chinese game to play with your family.	https://www.thesprucecrafts.com/how-to-play-mahjong-411827
Majorettes	Spin a baton, twirl hoops, get fit as a Majorette.	http://marawatheamazing.com/majorettes/
Make music from junk	Recycle, upcycle and make music!	http://www.creatingmycambridge.com/songs-creative/resources/how-to-make-a-junk-band/
Map reading	Enjoy the great outdoors - learn to read a map.	https://www.getoutwiththekids.co.uk/family-hiking/teaching-kids-map-reading/
Marine biology	Love the sea? Find out about Marine Biology.	https://marinebio.org/marinebio/games/
Martial arts	There are so many! Hone your skills in one you know, or find out about others.	https://www.getintomartialarts.com/types-of-martial-arts/

Meditation	Cope with stress and 'quiet the mind'.	https://www.understood.org/en/school-learning/assistive-technology/finding-an-assistive-technology/8-meditation-apps-for-kids
Mile run	Create a challenge for yourself. Faster? More often? Train a family member to run more effectively? <i>Keep safe!</i>	
Mindfulness	Try Mindfulness... away from your screen.	https://starbookmarks.com/ebook/mindfulness-for-kids/
Model construction	Model constructions from ... anything!	
Morse Code	Send messages in code.	https://www.wikihow.com/Learn-Morse-Code
Mosaic	Be creative - mosaic using paper, tiles or anything that you can cut into pieces.	https://www.bing.com/images/search?q=mosaic&FORM=HDRSC2
Movie Challenge	Create and edit a short movie about your time in lockdown.	
Museum visits	Ever dreamed of visiting a famous museum many miles from home. Now you can!	https://www.theguardian.com/travel/2020/mar/23/10-of-the-worlds-best-virtual-museum-and-art-gallery-tours
N		
Navigation	What is navigation? Find out about the history of navigation or focus on one form of navigation.	
Needlework	Make and create using a needle.	
Netball	Hone your skills ready for next season.	https://www.sportitude.com.au/blog/6-netball-drills-you-can-do-at-home
O		
Obstacle Course	Make an obstacle course and have fun using it.	
Oceanography	Find out about this earth science.	https://diy.org/skills/89
Opinion piece making	Write an opinion piece.	https://www.wikihow.com/Write-an-Opinion-Piece
Orienteering	Combine fitness with navigation.	https://chrissmithard.com/lockdown-orienteering/
Origami	Paper modelling.	https://www.activityvillage.co.uk/origami
Ornithology	Find out about birds - they are astonishing creatures.	https://www.rspb.org.uk/fun-and-learning/for-kids/
Outdoor art	Use leaves and twigs to create an artwork.	
P		

Parental break!	Offer to entertain your younger siblings for a period of time to give your parents a much needed break!	
Painting & design	Be creative!	
Palaeontology	Love fossils? Tell someone about them.	
Pandemic Project 2020:A Unique Year	An unusual year - start a project about it.	
Paper airplanes	Have fun with new designs.	
Papier-mâché	Messy modelling!	https://www.bbcgoodfood.com/howto/guide/how-make-paper-mache
Patchwork Quilt of Hope	The patches can be made out of most fabrics as long as they aren't too heavy weight...even a square of a tea towel or pillowcase. The squares should measure 12cmx12cm and we would appreciate a 2cm seam allowance (border) being left blank around the edge to allow us to sew them together. We will then create a quilt when we get back to school to have as a keepsake of these times.	Parents, Grandparents and teachers can obviously join in and make a square too. The image could be a rainbow, heart, face, NHS logo, clapping hands, dove, flower...anything that gives you hope at this time. They can sewn on by hand, cross stitched, sewn by machine, a drawing using fabric pens, whatever you have to hand.
Peg people	How many interesting peg people can you create?	https://www.pinterest.co.uk/monjio/clothespin-peg-people/
Pen Friend	Write real letters to a friend and post them.	
Personal Patchwork	As above but your own creation.	
Pet Care	If you have a pet, show how you are helping to look after it.	
Pétanque	Find out what this French game is, and play your version at home.	https://www.bing.com/videos/search?q=how+to+play+petanque+youtube&docid=608003593052359993&mid=1874B814AE83B78047661874B814AE83B7804766&view=detail&FORM=VIRE
Photography	Use any camera to take stunning photos.	
Physics	Perhaps you love physics - make up a project that interests you.	
Picnic	Make the most of the sunshine and create an exciting picnic for your family.	
Pilates	Try a different body conditioning routine.	https://www.sportsrec.com/135876-pilates-exercises-kids.html
Plant growing	Try growing plants from seeds.	

Playing a musical instrument	If you have started learning, show that you are enjoying playing. Or learn a new instrument! Perhaps you will play in one of the Zoom concerts.	
Playwriting	Write a play about... anything! You could get your family to perform it with you.	
Podcasting	Fancy creating an audio programme? Become a podcaster!	https://www.thepodcasthost.com/planning/podcasting-for-beginners/
Poetry	Write poetry, listen to poetry, love poetry!	
Pompom making	Find some wool and make pompoms.	https://www.cushelle.com/everyday-fun/craft-ideas/2-easy-ways-to-make-wool-pom-poms/
Puppetry	Find out about different sorts of puppets and try making some.	
Putting practice	Are you a golfer? Practice your skills at home.	https://golfpracticeguides.com/5-golf-putting-drills-indoors-home/
Puzzles	SO many different sorts of puzzles. How many different ones can you do?	
Q		
Quadrats	How many organisms can you find in a quadrat?	https://www.sciencelearn.org.nz/resources/2318-making-and-using-a-quadrat
Quidditch	Love Harry Potter? Try Quidditch for Muggles!	https://www.quidditchformuggles.com/
Quilling	Another art idea with a difference... quite delicate. Are you patient and careful?	http://quillingtechniques.com/for-kids/paper-quilling-ideas-for-kids/
Quilting	See 'patchwork' above.	
Quizzing	Make quizzes or take part in them.	
R		
Raising awareness	Find a way to raise awareness of an issue close to your heart.	
Radio presenting	Try your skills at Radio presenting.	https://radiotoday.co.uk/2018/02/kids-celebrate-12-months-of-radio-presenting/
Rainbow Mandala	Beautiful Art. A mandala, which is Sanskrit for "circle" or "discoid object," is a geometric design that holds a great deal of symbolism in Hindu and Buddhist cultures.	https://www.bing.com/images/search?q=rainbow+mandala&qpvrt=Rainbow+Mandala&FORM=IGRE

Random Crazy Ideas	Anything that you can think of that is not on the list!	
Reading	Read to your heart's content and tell us about it.	
Reading & notating music	Learn (or continue to learn) to read music	
Rocket making	Straw rockets or any other cool designs you can find.	https://buggyandbuddy.com/straw-rockets-with-free-rocket-template/
Roller blading/skating	Set yourself a skating challenge.	
Rounders	Play family rounders. Adapt your ball according to the garden. Rolled up socks? Can you score the most rounders? Tell us about your games.	
Rug making	Cool and creative. Simple or complicated. You decide!	https://www.instructables.com/id/Rag-rug-extremely-easy-to-make/
Rugby	Hone your skills ready for next season.	https://www.rugbycoachweekly.net/rugby-drills-and-skills/10-rugby-pass-catch-skills-to-practise-at-home/
Running/jogging	Serious runner or jogging for fun? We can all do this one!	
S		
Sponsored... something!	Pick an activity you enjoy and ask friends/family to sponsor you in a challenge	
Sort Toys and clothes	ready for donation to a local charity shop	
Scavenger Hunt	Start with a list of things to find (or do) and a time limit. The player or team who finds everything on the list first or finds the most items before the time is up wins.	http://www.mykidsadventures.com/scavenger-hunt-ideas/
Science Investigations	Pick a few and do them!	
Scrapbooking	Perhaps you could create your Pandemic Project using Scrapbooking.	https://www.thesprucecrafts.com/what-is-scrapbooking-2960505
Scratch Club	Enjoy coding? Do a Scratch project.	https://scratch.mit.edu/
Sewing	So, sew!	https://www.redtedart.com/teaching-kids-to-sew/
Ships	Interested in ships? Find out more.	https://kids.kiddle.co/Ship

Sign Language	Learn the BSL alphabet then challenge yourself to fingerspell a word starting with each letter of the alphabet – can you do all 26 letters? You could do a theme: the A-Z of animals, hobbies, or food Upload a video of yourself signing all 26!	https://www.youtube.com/watch?v=mkTeqA4kwUQ
Signalling or semaphore line	Can you imagine life before electrical communication?	https://kids.kiddle.co/Semaphore_line
Singing	Sing! Video yourself singing, sing in a virtual choir, sing anywhere.... Just enjoy singing!	
Skipping Challenge	Create a skipping routine showing as many different skills as possible	
Skittles	Played for centuries! Make your own skittles and challenge your family to a game.	https://www.britannica.com/sports/skittles
Slime making	Love gloop? Make slime!	https://www.copsemagazine.co.uk/2018/01/easy-uk-slime-recipe-no-borax/
Snooker, pool & billiards	If you can do this at home, challenge yourself.	
Soap making	Having trouble buying soap? Make your own!	https://www.thesprucecrafts.com/how-to-make-soap-517084
Soft toy making	Sew it, knot it, stick it.... you choose.	https://blog.hobbycraft.co.uk/sewing-ideas/soft-toy-making/
Song writing	Write and perform a song - solo or with family.	
Speech & drama	Be dramatic, think LAMDA, perform for us!	
Sporcle	Love quizzes? You'll love Sporcle.	https://www.sporcle.com/
Sports leadership	Passionate about sport and want to be a Sports Leader, even during Lockdown? Go for it!	https://blog.pitchero.com/what-is-good-leadership-in-sports
Stamp collecting	Calling all philately enthusiasts.	https://www.psgpostagestampgalore.co.uk/?utm_campaign=Brand&utm_source=bing&utm_medium=ppc&utm_term=%2Bstamp%20%2Bcollecting%20%2Buk&utm_content=2232913xdc95b4c232b61aea688bea63a93a35
Star Wars	Star Wars fan? Share the Force.	https://www.starwars.com/
Story Telling/ Writing	Entertain us! Tell a story.	
Sudoku	Fun with numbers. Try Sudoku.	
T		

Telephone	Telephone a grandparent or a relative you haven't see in a while	
Table tennis	Do you have a table tennis table? If not, improvise!	
Ten foot golf bucket challenge	Chip golf balls into a bucket. Mr Sutherland is an expert!	https://www.youtube.com/watch?v=Lsw-VII4sGU
Tennis	Do you have a tennis court? If not, improvise!	
Terrarium	Grow plants in a clear container.	https://kids.britannica.com/kids/article/terrarium/601147
Textiles	Use fabrics to be creative!	
Theatre appreciation	Love theatre? Tell us about it.	
Tiddlywinks	Seriously?! YES!	https://www.wikihow.com/Play-Tiddlywinks
TikTok video	Creativity, knowledge, and precious life moments <i>Keep safe!</i>	
Trampolining	Challenge yourself! <i>Keep safe!</i>	
Treasure hunt	Follow a series of clues, often posed as riddles, along a predetermined path that leads to a treasure. The player or team who follows all of the clues and finds the treasure first wins.	http://www.mykidsadventures.com/treasure-hunt-kids-guide/
Tune bottles/glasses	Sonorous Science. Entertain your family or make a film.	https://learning-center.homesciencetools.com/article/simple-water-glass-xylophone/
U		
Ukulele	Give a concert. Film it!	
Ultimate frisbee	Depending on the size of your family...	https://www.wikihow.com/Play-Ultimate-Frisbee
Understanding and compassion	Show understanding and compassion to someone who is lonely.	
Upcycling	Don't recycle this time - upcycle!	https://handsonaswegrow.com/34-recyclables-to-upcycle-for-the-kids
Upholstery	Think you can't possibly handle upholstering a piece of furniture? Think again. You can do it!	https://www.bhg.com/decorating/lessons/basics/easy-guide-to-upholstery/?slide=slide_be26ca07-3df1-476d-954c-31d108a9c75b#slide_be26ca07-3df1-476d-954c-31d108a9c75b
V		
Vegetable growing	Grow your own!	
Ventriliquism	Is that your puppet talking?	https://www.wikihow.com/Learn-Ventriloquism

Vets Club	Love animals? So much to do online and off line, too. Ask Miss Cadwallader for new challenges.	https://www.youngvetsclub.com/
Videography	Try making a video. Think about your audience and produce a polished piece.	
Virtual tour	Take a virtual tour or make a virtual tour of your house.	https://www.familydaystriedandtested.com/free-virtual-tours-of-world-museums-educational-sites-galleries-for-children/
Vision boards	A dream board or goal board; a collage of images and/or words used as a visualization tool. The images and words can be cut out from magazine pages, drawn, written, or printed out.	https://www.developgoodhabits.com/vision-board-ideas/
Vlogging	Use videography to vlog!	https://www.skillshare.com/classes/How-to-VLOG-Complete-Beginners-Guide/1823507887?via=browse-rating-videography-layout-grid
Vocal harmonising	Can you sing in harmony? Have a go!	https://www.bbc.co.uk/bitesize/topics/zcbkcj6/articles/zgxx2nb
Volleyball	A great one to play over the washing line.	https://athleticlift.com/volleyball-drills-at-home/
W		
Walking	Walk to wonderful places. <i>Keep safe!</i>	
Wasjig	A puzzle with a difference.	https://wasgij.com/
Water colour painting	Create beautiful pictures.	
Weaving and spinning	Crafty fun	https://happyhooligans.ca/weaving-projects-for-kids/
Website design	What is a website? How does it work?	https://www.wix.com/families?utm_source=email_mkt&utm_campaign=em_en&experiment_id=text_link_1_resp
Wii-fit	Keep fit on Wii Fit.	
Woodwork	Ask an adult to help you to use tools to work with wood. Build or whittle. <i>Keep safe!</i>	https://arborexplorer.com/how-to-whittle-a-beginners-guide-to-whittling/
World Records	Fascinated with World Records? Share your fascination.	
Writing	Write for pleasure - about anything, for anyone and in any language.	
X		
Xylo garden chimes	Make garden chimes, or other decorations, out of wood.	
Xylophone	If you have one, play it for someone. Learn a new tune.	

Y		
Yoga	An ancient form of exercise that focuses on strength, flexibility and breathing to boost physical and mental wellbeing.	https://childhood101.com/yoga-for-kids
Young Geographer of the Year Group	Exploring the potential that Geography holds. Check out the challenge.	https://www.rgs.org/schools/competitions/young-geographer-of-the-year/2020-competition/
Young Vets' Club	Love animals? So much to do online and off line, too. Ask Miss Cadwallader for new challenges.	https://www.youngvetsclub.com/
Yoyo extreme	Take your yoyo anywhere to practice cool tricks.	https://www.youtube.com/channel/UCt2oJoHSaTVh1qhrQnxN1jg
Z		
Zodiac	Learn the twelve constellations in the form of animals or humans.	https://kids.kiddle.co/Zodiac
Zoology	Find out about the study of animals. Conduct your own animal study.	https://kids.britannica.com/kids/article/zoology/399648/related#nodeId=main&page=1
Zumba	Get fit with Zumba!	https://www.youtube.com/watch?v=ymigWt5TOV8

A-Z Activities Instructions

1. Pick an activity from every letter of the alphabet - can you reach 26? Choose at least one from each category – [active](#), [skill up](#), [creative](#) and [investigate](#).
2. Take a photo or video of you doing the activity and paste it into the corresponding box on the record sheet.
3. Write a short summary of what you have created, achieved, or discovered.
4. Keep your form tutor updated about your progress - highlights will be shared with Mrs Deval Reed.

Notes

Some notes and useful links that you are welcome to use have been included, but please interpret the activity suggestions in your own ways – the more creative, the better!

Charity – Take the opportunity to give something back to the community. We are all in incredibly privileged positions, so why not do something which will benefit someone else?

Active – get out and move! With all these Zoom lessons, we're all spending a lot of time in front of our screens. Get outside and learn a new sport, practice or train ready for when we're back in school!

Skill Up - this is a great chance to learn something new! There are loads of brilliant tutorials online for all sorts of activities, so find some instructions and turn your hand to something completely different. What new passion will you discover?

Creative – let your creativity flow with a wide variety of materials and styles – whether it's music, drama, arts or something completely different, we want to see what you come up with. Be inspired by your surroundings, the current situation or let your imagination run wild.

Investigate – discover something completely new, whether it's something you always wanted to know more about, or something you'd never heard of before. Use books, the internet or your family to investigate different topics and then find a way to present the information in a clear way. You could create a poster, your own presentation or video about your research. Explain your findings to someone else in your household or your classmates during tutor time.

If you want to share an activity that is not on the list, let your form tutor know.